

Hot Sandwiches

7.25

We're famous for our sandwiches, making them here in Ancoats for nearly a decade! Available from 11:30am until we run out

Saltimbocca Pan fried herbed chicken, Marsala, deep fried sage, dry cure ham, Emmental cheese on olive oil focaccia

Greek Melt Cajun spiced halloumi, sunblush tomato, avocado, rocket on olive oil focaccia (V)

Spanish Melt House marinated chicken with spicy Spanish chorizo and extra mature cheddar toasted in a ciabatta

Vegan Burrito Wrap Spicy black turtle beans, peppers, corn, onions, baby spinach, vegan cheddar, tomato salsa in a tortilla wrap (Ve)

The Italian Aubergine Parmigiana, mozzarella, Gran Moravia, rocket, olive oil focaccia (V)

Manc Triple Club House marinated chicken, smoked bacon, Gran Moravia, watercress, mayo on white toast

Caesar Wrap House marinated chicken, avocado, rocket, Caesar dressing, smoked bacon in a toasted tortilla wrap

Wild Mushroom Melt Garstang Blue cheese, spinach leaves, wild mushrooms on sourdough toast (V)

Vegan Wrap Harissa houmous, crispy shallots, roasted red peppers, baby spinach, artichoke, in a toasted tortilla wrap (Ve)

Tuna Melt Tuna, lemon, capers, red onion, mayo, extra mature Lancashire cheddar on sourdough toast

Posh Sandwiches

8.25

Specially made to order from 12 midday until 5pm daily

Salty Sea Dog Panko crumbed white fish, tartare sauce, fennel and cabbage slaw, on a buttery brioche baguette

Mexican Cauliflower Wrap Crispy cauliflower florets, Mexican spices, chipotle, lime and coriander vegan mayo in a tortilla wrap

Chorizo Meatball Pork & Beef meatballs with chorizo, aubergine parmigiana on our rosemary focaccia

Jumbo Shrimp Po Boy South Atlantic shrimp, fennel and cabbage slaw, spicy tomato sauce, on a buttery brioche baguette

Cold Sandwiches

6.95

Rare Roast Beef Caramelised onions, Dijon mustard, watercress, on demi baguette

Maple Smoked Pork Loin sun blush tomato mayo, cherry tomatoes, leaves on white tin bread

Wild Shrimp pickled cucumber, chilli tomato mayo, rocket on sourdough bread

Owd Yonner Cheese caramelised onion chutney, leaves, on demi baguette



Sandwiches

Main Plates

11.00

All our breakfast dishes are available until 11:30 weekdays and 12 midday weekends

Full English 2 Large poached eggs, bacon, sausage, baked beans, hash browns, creamy mushrooms, tomato relish, toast

Vegetarian Breakfast 2 poached eggs, Cajun halloumi, baby spinach, cauliflower hash browns, baked beans, creamy mushrooms, toast

Vegan Breakfast Cauliflower hash browns, wild mushrooms, guacamole, spicy black bean stew, wilted baby spinach, toast

Salmon & Avocado smashed avocado, Aleppo pepper, rocket, smoked salmon, toasted seeds on toast. Go vegan with our chilli beets instead of salmon. Add a poached egg + 1.50

Pancakes 3 light fluffy pancakes, 2 large fried free range eggs, smoked crispy bacon, served with a jug of maple syrup

Pancakes 3 light fluffy pancakes, mixed berries compote, creamy yoghurt, maple syrup and garnished with fresh berries

Mexican Style Eggs 2 large fried eggs, spicy black bean stew, avocado, tomato salsa, sour cream, jalapeno pesto on thick toast

Wild Mushrooms on Toast Creamy wild mushrooms, wilted baby spinach, toast (poached egg +1.50 or Garstang Blue Cheese + 1.50)

Ham & Eggs 2 Large fried eggs, maple baked cured pork loin, thick buttered sourdough toast

Breakfast Sandwiches

7.95

Posh Bacon Sarnie Smoked bacon, hash browns, smashed avocado, sun blush tomato mayo, rocket on thick sourdough toast

Posh Vegan Sarnie Cauliflower hash browns, smashed avocado, sun blush tomato mayo, rocket leaves on thick sourdough toast

Breakfast Wrap Creamy scrambled eggs, smoked back bacon, Grandads sausages and your choice of sauce on a toasted tortilla wrap

Vegan Burrito Wrap Spicy black turtle beans, peppers, corn, onions, baby spinach and vegan cheese with tomato salsa

Pastries. etc.

3.25

Large Butter Croissant add honey, jam or marmalade + 50p

Pain au Chocolat

Cinnamon Bun

Pain au Raisin

Toast 2 thick slices of your choice of white tin or sourdough. Add honey, jam or marmalade + 50p

Breakfast Bowls

5.85

Swiss Oats Gluten-free oats, soaked overnight, berries and cherries, with honey, cream and Greek yoghurt (gf) (v)

Granola House granola, maple syrup, Greek yoghurt, berry & cherry compote, topped with fresh berries. (gf) (v)

For the Little Ones

5.50

Smaller portions of our big dishes. Kids only I'm afraid!

Full English 1 poached egg, bacon, sausage, baked beans, hash browns, tomato relish, toast

Pancakes 2 light fluffy pancakes, 1 large fried free range egg, smoked crispy bacon, served with a jug of maple syrup

Pancakes 2 light fluffy pancakes, mixed berries compote, creamy yoghurt, maple syrup and garnished with fresh berries

Eggs on Toast 2 poached eggs on toast with a side of beans. Choose sourdough or white toast

Ham & Eggs 2 Large fried eggs, wafer thin house cooked ham, on toast. Choose sourdough or white toast



Breakfast

Salads

Served from 12 midday daily

Caesar Bowl Romaine lettuce, house made Caesar dressing, croutons, Parmesan, chives 7.00

Add herbed chicken and smoked bacon + 2.00

Add poached egg + 2.00

Add wild shrimp + 3.00

Greek Bowl Peppers, Italian olives, cherry tomato, pickled cucumber, oregano, parsley, rocket 7.00

Add marinated feta + 2.00

Add Cajun halloumi + 2.00

Side Salad ask your server for todays choice 4.25

Tarts & Pastries

Served from 12 midday daily

Tart of the Day Individual homemade savoury tarts. Ask your server for todays choice 6.85

Sausage & Spicy Chorizo Spanish chorizo, red wine pork & leek sausage meat in puff pastry 5.85

Add a side salad to any of the above + 3.00

Nibbles

Served from 12 midday daily

Halloumi Fries Cajun seasoned halloumi sticks 5.50

Skin on Fries 3.75

Sweet Potato Fries 3.75

Olive Mix Juicy olives, sun blush tomatoes, marinated feta 3.75

Salted Almonds 2.75

Focaccia Dippers Toasted strips of focaccia, harissa houmous and red pepper houmous, dukkha 5.50

Afters

Checkout our selection of cakes and cookies on the counter or ask your server.

Cheeseboard Fine local cheeses, artisan crackers, quince, grapes 8.25

Burnt Basque Cheesecake with seasonal berries 5.25

All our fish are sustainably wild caught and not farmed

Cheese, veggies and meats from local producers whenever possible (olives aren't grown in Lancashire just yet!)



Lunch

Coffee

Supplied by the passionate people of Atkinsons.
Our current blend is Sao Francisco Yellow Bourbon
100% Brazilian with exceptional sweetness and mild
acidity

- Americano 3.20
- Latte 3.20
- Flat White 3.20
- Cappuccino 3.20
- Mocha 3.20
- Macchiato 3.20
- Espresso 2.20

No extra charge for non-dairy milk. Choose oat,
soya, coconut or almond.

Decaf + 40p

Syrups + 40p

Other Hot Drinks

Made by the experts at Blendsmiths. A donation is
made to Mustard Tree with every cup purchased.
Made with your choice of dairy or non-dairy milk

- Hot Chocolate 40% 3.30
- Hot Chocolate 51% 3.30
- Beetroot Latte 3.30
- Matcha Latte 3.30
- Turmeric Latte 3.30
- Chai Latte 3.30

Teas

Supplied by the passionate people of Atkinsons.
Our loose leaf teas are served by the pot

- Lancaster blend 2.95
- Earl Grey 2.95
- Blue Sky 2.95
- Ceylon 2.95
- Ceylon Decaf 2.95
- Green Tea 2.95
- Peppermint 2.95
- Hedgerow 2.95

Iced Drinks

- Iced Americano 3.50
- Iced Latte 3.50
- Iced Matcha Latte 3.50
- Iced Turmeric Latte 3.50
- Iced Mocha 3.50

Pressed Juices

Slow pressed to order from fresh
fruit and vegetables

- Apple 4.00
- Carrot, Ginger & Apple 4.00
- Carrot & Orange 4.00

Fresh Juices

- Freshly Squeezed Orange 3.00
- Cloudy Apple 3.00
- Spicy Tomato 3.00

Smoothies

All vegan and dairy free

- Green Magic baby spinach, mango, pineapple, apple 4.50
- Berries & Cherries banana, apple, berries and cherries 4.50
- Breakfast cinnamon, almond milk, banana, avocado 4.50

Softs

- Coke 2.80
- Diet Coke 2.80
- Coke Zero 2.80
- San Pellegrino 2.80
- Lemon, Orange, Blood Orange or
Pomegranate
- Cawston 2.80
- Rhubarb, Elderflower or Apple

Water

- Still Water 500ml 2.20
- Still Water 750ml 3.00
- Sparkling Water 500ml 2.20
- Sparkling Water 750ml 3.00



Hot & Cold Drinks